

Sewing: Dressmaking workshop mixed abil

Whether you would like to learn new creative skills or to investigate the possibility of a new textile-based career, MAE Community Learning courses can provide you with a stepping stone to progress.

This is a one day course, running on a Friday that could benefit learners of all levels with sewing skills wishing to improve and produce a professionally made garment.

You will observe appropriate Health & Safety requirements for the dressmaking studio as set out in the MAE ground rules/ learner contract.

Start Date: 20 June 2025
Start Time: 09:30
Lessons: 1
Weeks: 1
Hours: 6.00

Venue

Rochester Adult Education Centre
Rochester Community Hub
Eastgate
ME1 1EW

What will I learn on this course?

Learners will:

- 1 Demonstrate the workings of one agreed pattern
2. Choose fabric to fit the purpose of the project
3. Identify personal fitting alterations and assemble the project using a professional approach to garment construction

Is this course suitable for me?

This course is for learners aged 19+ some sewing and machine skills would be helpful beginners could join and would work on a simple garment all patterns and fabrics for the workshop can be purchased after discussion with the tutor. The tutor will contact you prior to the start of the course.

Is there anything I need to know about the course?

The learner will need to bring:-

- Sharp dressmakers' scissors
- Pins
- Tape measure
- Threads x 2
- Sellotape
- Notebook and pen
- A bobbin or 2
- Marking chalk (purchased after discussion with the tutor)
- Commercial pattern and fabric (all learners will purchase these items after discussion with the tutor).

Will there be additional costs?

During the course there will be additional cost of interfacing where needed purchased from the tutor.

What could I go on to do after this course?

Your tutor can talk to you about other subject related courses available.

Medway Adult Education works with many partners locally such as MidKent College, Medway School of Arts and the University of Kent; information about their courses can be found in our studios, café and on Moodle. Medway has an exciting and wide-range of events, exhibitions and activities to inspire and help you make further progress - please see the community noticeboards in the Rochester Centre and again on Moodle. Your tutor will be able to talk through with you individual progression options.

If you wish to explore your learning, work or career options, you can speak to a fully trained careers advisor on 0800 100 900. <https://nationalcareersservice.direct.gov.uk>

Attendance Policy

In order to get the most out of your course you will need to attend as many sessions as possible. We recommend at least 85%. If you do have a holiday booked during term time please let the tutor know in advance so that we can help you catch up on missed sessions and ensure that you still achieve the course outcomes. If you are unavoidably ill or unable to attend, please contact 01634 338400 so that we can let your tutor know, and so they can send you any work you may have missed

How are digital skills used and enhanced on this course

Information technology may be used to introduce skills, techniques, and the work of other artists along with safe internet usage. Whilst you do not need any IT skills to enrol on this course, please do speak to the tutor if this is an area you would like to explore.

Health and Safety

By participating in the live class you accept that you understand that dressmaking and sewing involves potentially hazardous tools and equipment and that such activity carries the risk of injury. You understand that it is your responsibility to judge your motor skills and physical ability.

It is your responsibility to ensure that by participating in classes and activities from Medway Adult Education, you will not exceed your limits while performing such activity, and you will select the appropriate level of task for your skills and abilities.

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